

The Gift of Tongues

A four-part Bible study journey



Study 3

Renewing the Mind and Breaking Limiting Beliefs



Scripture

Romans 12:2 (NKJV)

And do not be conformed to this world, but be transformed by the renewing of your mind, that you may prove what is that good and acceptable and perfect will of God.



Teaching Context



1

Romans 12:2
commands
transformation
through renewed
thinking



2

Proverbs 23:7
shows thinking
shapes identity
and life



3

Romans 7:19
reveals struggle
from internal
programming



4

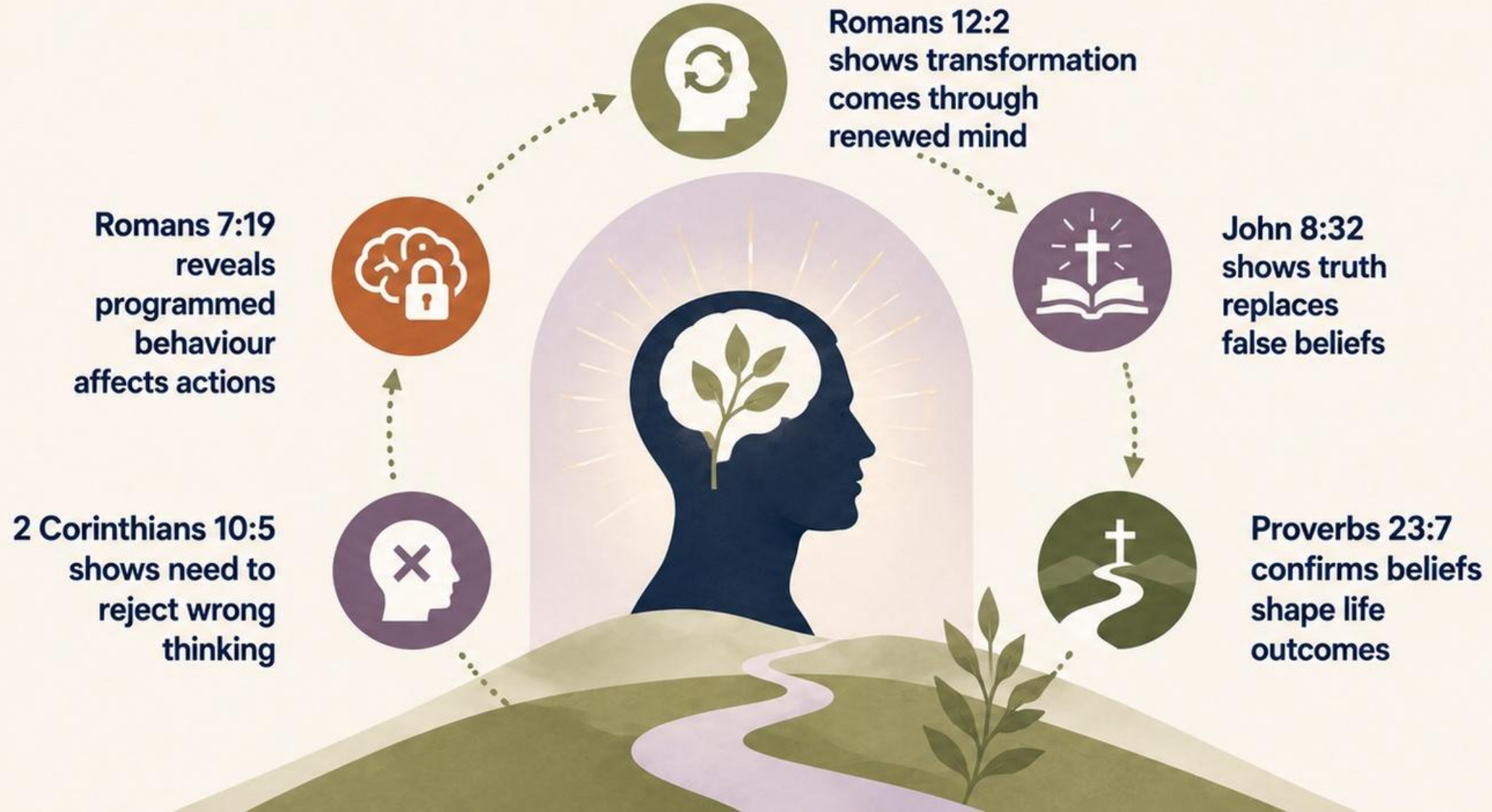
2 Corinthians 10:5
shows need to
dismantle wrong
beliefs



5

John 8:32
shows truth
brings freedom
and transformation

Message Synopsis



Goal & Focus

1

Recognise power
of belief systems
in life

2

Identify and
challenge limiting
internal programs

3

Embrace truth
as tool for
transformation

4

Develop habit
of renewing
the mind

5

Align thinking
with God's
revealed truth



Discussion Questions

- 1 What does Romans 12:2 command believers to do?
- 2 How does Romans 7:19 describe inner conflict?
- 3 What does John 8:32 say about truth?
- 4 How does Proverbs 23:7 define identity?
- 5 Why is 2 Corinthians 10:5 important?



Additional Questions



What beliefs have shaped your thinking?



How can truth replace wrong thinking patterns?



Why do repeated truths change the mind?



How does the inner man grow spiritually?



What practical steps can renew your mind?



Feedback & Summary



Transformation
begins with
renewed thinking



Beliefs shape
behaviour and
life outcomes



Truth must
replace false
internal programming



Spiritual growth
requires intentional
renewal



Believers must
align thoughts
with God's Word

